NSPCC

Resources for parents/carers available on NSPCC websites

Parent/carer resources	NSPCC website link
Support for parents/carers Parenting can be rewarding, but it can also be challenging. We've got parenting tips for all stages of your child's life, as well as advice on how to deal with difficult situations.	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/
Activities for kids at home Keep busy while learning about staying safe and speak out with out at-home activities for primary school children. New books/fun crafts available from the NSPCC shop.	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/activities-safety-kids/ https://shop.nspcc.org.uk/collections/books https://shop.nspcc.org.uk/collections/things-to-do-at-home
Keeping Children Safe online Visit our online safety webpage for advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more. You will also find online safety information for families of children who have additional needs and disabilities. We have worked with Ambitious about Autism and parents and carers who have children who have additional needs and disabilities to create activities to help talk about online safety.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/ Online safety for children with SEND | NSPCC Support children with SEND talking to people online | NSPCC Online wellbeing for children with SEND | NSPCC Included in the above pages are links to activities to help talk about online safety with this specific audience.
Keeping Children Safe online blog Parents, carers and professionals can keep up to date with the latest child safety online news on our Keeping Children Safe Online blog.	http://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog
Keeping Children Safe Online workshop A virtual workshop providing parents and carers with information about how to support their child in their online world. The 40-minute pre-recorded presentation covers topics such as online bullying, mental health, and social media, as well as signposting to resources and organisations for help and support.	https://www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops/
Talking PANTS with your children Talk PANTS is a simple conversation to help keep children safe from sexual abuse. You can find out more and download the free resources on our website. Penguin and Ladybird have partnered with the NSPCC to create a Pantosaurus book aimed at children aged 3-11. The NSPCC has also partnered with a range of charities to help you talk to your child about the PANTS rules. There are a range of PANTS guides available from our	http://www.nspcc.org.uk/pants You can find copies of the book on sale at https://shop.nspcc.org.uk/ or in Matalan's selected stores. All profits from the sale of this book will support the NSPCC. http://www.nspcc.org.uk/pantsguides

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website including guides for children with learning disabilities or autism and a BSL video for deaf children. **You can download the guide that's right for you from our** website, watch our Makaton or BSL Talk PANTS films and download free prompt cards to help you talk PANTS with Makaton.	
Techosaurus Techosaurus is designed to help parents have those first conversations about online safety with their child. It supports the development of healthy digital habits and routines in a fun, approachable way, making online safety simple and positive from the start.	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/techosaurus/
Childline Childline has a website with age-appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. The Childline website has an accessibility tool too, you can find out about it by clicking on the accessibility link in the Get Support menu. Children can use it to: • Read the website out to them • Change the text size and font • Change webpages to just text only • Add a mask or ruler to help them focus on just part of the page • Magnify parts of the webpage • Translate the website in to over 120 languages	http://www.childline.org.uk/kids
NSPCC Videos for parents: You can also find a variety of NSPCC videos on YouTube, including the selection below which you may find helpful.	
Infant Mental Health with NSPCC: Look Say Sing Play Right from birth, every time you talk, sing or play with **your baby, you're not just bonding, you're building their** brain. Singing Dat | Look Say Sing Play | NSPCC **Our Brain's Air Traffic Control (Executive** Function | NSPCC Building Strong Brain Architecture | NSPCC	https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/look-say-sing-play/ Singing Day | Look Say Sing Play | NSPCC - YouTube Our Brain's Air Traffic Control (Executive Function) | NSPCC Building Strong Brain Architecture | NSPCC Sign up for brain-building tips | NSPCC

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